



August 12-17, 2024
2024 COOKING PRIZE BOOK



ENTRY DEADLINE: August 2, 2024

All entries must be submitted online:

<https://www.assistexpo.ca/annapolis-valley-exhibition>

Annapolis Valley Exhibition Office
570 Main St., Lawrencetown, Annapolis County
Phone: 902-584-3339
Email: info@annapolisvalleyexhibition.com

ANNAPOLIS VALLEY EXHIBITION - GENERAL RULES AND REGULATIONS

Rule change only by Board approval

Board of Directors: Anne Callanan, Byron Lamb, Correna Keddy, John Bruce, Russell Ernst, Dave Leonard, Katrina Barrett, Lori Height, Charlseas Fiske, Hilary Campbell

These General Rules apply to all competitions and exhibitors and have precedence over any other rules adopted by Sub-Committees in any case where there is a conflict between rules.

1. The Board of Directors has the final and absolute right to interpret all rules and regulations and determine all matters, questions or disputes. The Board has the right to amend or add to these rules and regulations as their judgment may determine, from time to time. Entries are accepted subject to this rule; by signing the entry form, participants agree to abide by the rules defined herein.
2. Management may remove exhibitors without refund for disorderly conduct.
3. Management reserves the right to refuse any exhibitor for lack of space subject to the provision that space will be allocated on a first come first served basis.
4. All entries must be submitted online through the Annapolis Valley Exhibition website. Paper entry forms will not be accepted. Please refer to specific prize book for entry deadlines and rules. Late entries will only be accepted if space allows. A late fee will be charged. See entry form for amount.
5. Entries will not be accorded precedence as to order of receipt until they are complete in all respects. **Entry fees are due upon submission of entry forms. No entry shall be considered complete until all applicable fees are paid in full.**
6. The Management shall have the sole right and discretion to allocate exhibits and exhibitors to whatever barn, building, stall, or space is considered appropriate, notwithstanding any apparent outward designation on the building, grounds or any plan.
7. Articles exhibited other than livestock must be produced, grown, created or manufactured in the current year.

GROUNDS AND BUILDINGS

1. The Exhibition building and grounds will be open on Sunday after 1pm prior to the Exhibition for the reception and arrangement of exhibits, unless specified under Class Rules. Exhibitors are reminded that they enter all exhibits at their own risk.
2. The Exhibition grounds will be open to the public during the Exhibition week at times determined by the Management and posted or advertised each year.
3. No pets are allowed on the Exhibition property during Exhibition week, except pets of exhibitors which must be confined to the trailer park.
4. All officials will be designated by proper badges or other designation.
5. There is no exhibitor parking on the grounds. Supplies may be dropped off before 8:30 in the morning and vehicles are to be immediately moved to the designated exhibitor parking area in the main parking lot. ***First offense – ticket on windshield; Second offense – forfeit prize monies; Third offense – vehicle(s) will be towed at the owner's expense.***
6. The Annapolis Valley Exhibition restricts all smoking of tobacco, cannabis, and vapes within 15 metres of all structures on the Exhibition Grounds. No smoking or vaping of any substance is permitted in the bleachers.

JUDGING AND PRIZES

1. No person shall be permitted to enter the judge's ring while judging is in progress, except the judges, their attendants, show ring officials, and such exhibitors as have been called into the ring by the judge or judges.
2. No changes in classification can be made after judging commences.
3. Any person interfering with the judge(s) while in the discharge of their duties shall be removed from the grounds.
4. All judges shall give reasons for the placings when asked and may give reasons in any case.
5. No person shall be allowed to receive more than one prize in any one section of a non-livestock class. Accordingly, two entries may not be made in any one section or class. Special prizes may be awarded in addition.
6. Any exhibitor found to have employed any dishonest measures shall not only forfeit the prize which might be awarded to him or her but shall, in future, be barred from competition in the Exhibition.

7. Due to the necessity of proceeding with judging as rapidly as possible, all animals must be ready to enter the ring when called and all other exhibits must be prepared and available when judging begins. Failure to comply with this regulation will result in forfeiting the right to show in the relevant class.
8. All protests of the judge's decisions must be submitted in writing to the Manager of the Exhibition and accompanied by a deposit of \$25.00. Protests or appeals must state plainly the cause of the complaint or appeal and must be delivered to the Manager within four (4) hours after the occasion for the protest. No protest will be accepted based on the contention that a judge has overlooked an exhibit. If the protest is not sustained, the deposit shall be forfeited.
9. Prize money may be reduced up to 50% at the discretion of the Board in the event of reduced income due to bad weather, lack of entries, or other valid reasons.
10. Committee discretion has the final word on whether livestock is fit to show.
11. All claims for prize money not received must be made to the Manager before September 30th of the current year.
12. Special prizes require a special entry and special exhibit when the terms of the special class vary from the terms of the regular section.

LIVESTOCK ENTRIES

1. Stalls for all livestock entries shall be allotted in order of receipt of entries at the time of entry. Exhibitors may not trade stalls without obtaining the approval of Management and recording the approved trade at the Exhibition Office.
2. All registered animals are subject to being checked for registration. Registration papers and R.O.P. data must be available prior to and up to the time of judging. No animals will be accepted as purebred or registered until registration papers are available from the owner.
3. All animals must be owned by the exhibitor at least thirty (30) days prior to the date of the Exhibition.
4. Entries in classes comprised of more than one animal may be made up of animals shown individually.
5. Any animal showing signs of infectious disease or parasite infection will be barred from the Exhibition and be removed immediately from the grounds.
6. All livestock competing for special prizes must also be entered in at least one (1) regular Exhibition class.
7. Feed and bedding for livestock is the responsibility of the exhibitor. All manure and bedding shall be cleaned up by 8:30 am each day. Stalls will be cleaned, and all manure and bedding must be removed from the stall when the animal leaves the grounds. A minimum charge of \$50.00 per stall will be assessed against exhibitors failing to abide by the rule. Should this charge not be paid promptly, the exhibitor will be prohibited from future participation until fee is settled.
8. Grooming and care of animals will take place in the stalls or designated area. Cross-tying of livestock in the aisles is not permitted.
9. Due to concerns for the movement of traffic and safety of attendants and exhibitors at the Exhibition, the Board shall fix times for departure of livestock and other exhibits when classes have been completed each year. **For the current year, livestock shall be moved to and from the grounds according to the following times:**
 - Dairy – in and settled from 4pm Sunday to 10am Monday, out Wednesday by 10am.**
 - Beef – in and settled Wednesday between 1pm and 4pm, out after 9pm Saturday.**
 - Light Horse – as noted in prize book.**
 - Other Livestock – out 10pm Saturday.**
10. Livestock trailers are not permitted to be parked inside the grounds. Exhibitors in special Horse or Ox pulls will be permitted to work from their trailers, providing they ship in no more than 2 hours prior to the pull and leave the grounds within one hour of the completion of the pull in the area allocated. Animals must be supervised at all times and not left unattended. All others must be stabled.
11. The owner and handler of livestock will be responsible for the behaviour and control of his or her animal. Livestock must be well-broke to halter. No dangerous, uncontrolled animals will be permitted. The Manager may order any such animal off the grounds without reimbursement for any entry fee or other fees paid.
12. Trailer Park admission as Livestock Exhibitor requires participation in 3 classes or more. Trailer Park admission will be issued to non-exhibitors only if space permits, on a first come first served basis.
13. Campers/Trailers may arrive in the trailer court after 5pm Thursday before the Exhibition. Trailer court noise curfew is 11:00 pm.

14. Any Trailer pumping Grey Water or Black Water onto the ground in the trailer park or Exhibition grounds will be removed immediately.
15. After each Exhibition and all Weekend Events trailers must be removed from the property within 24 hours or they will be removed at the owner's expense.
16. Returning exhibitors have first refusal of campground space. After the entry deadline, the office will allocate new exhibitor spots (or returning who missed a year) according to size of the trailer. Non-Exhibitors are allocated spots after all exhibitors are accommodated. Please note: if an exhibitor is not returning, that exhibitor cannot "give" a campground space to someone else; the office allocates campground spaces. The manager's decision is final.
17. Trailer Park: All 15 amps may be only 15 amps before the breaker trips. For example: the system will run a Fridge and Lights. A small Hot Water Heater will trip the breaker. Run Air Conditioners at your own risk. If there are any electrical problems in the Trailer Park, you will need a purchase order from the Office for Electrician to attend.

SAFETY OF EXHIBITS

1. Employees will endeavour to protect exhibits and ensure good order, but owners themselves must assume all risk for exhibits. Should any exhibit be accidentally or willfully damaged, injured, lost or stolen, the Exhibition will provide whatever assistance it can towards the recovery of the same, but will not make any payment for the value thereof or reimbursement for the loss.
2. No Smoking within 15 metres (50 feet) of buildings, including barns and washrooms.

ANNAPOLIS VALLEY EXHIBITION LIQUOR AND SAFETY POLICY

The Board and Staff of the Annapolis Valley Exhibition Society wish our visitors to have a great time while at our Exhibition. Please note our policy on the supply of liquor during the Exhibition.

- No person under the age of 19 will be permitted to purchase/consume liquor on our site.
- Identification to be presented when requested.
- No liquor is to be consumed on the Exhibition grounds outside of our pub area.
- For residents and guests of the trailer park areas, liquor may only be consumed inside trailers. Failure to follow this directive may result in fines from the RCMP.
- Persons who appear impaired will be refused entry to the Exhibition grounds or pub and will be removed by security/RCMP.
- Persons who are violent or causing upset will be removed by security/RCMP and may be barred from the grounds for a period decided by the Board of Directors.
- Please be safe – don't drink and drive. Impaired drivers will be reported to the RCMP.
- T-shirts or shirts must be worn at all times during your visit.
- Please enjoy yourself and act responsibly.

COOKING – CLASS 49

Committee:

RULES & REGULATIONS

- Entry Forms are due to the Ex Office by August 2nd. Late entries will not be accepted.
- One entry per exhibitor per section. It would be appreciated if exhibitors would deliver exhibits on paper plates enclosed in re-sealable plastic bags.
- Please note the quantities and size required for each section.
- For rolls, biscuits, muffins, tarts, cookies, squares and cupcakes, please submit three per plate.
- Entries in jam, jelly & pickle must be made within the past 12 months and labeled. Mini jars (125ml or 250ml) with new lids, should be used to save wastage.
- All entries must be made entirely by the person submitting the food item.
- Pies should be fully cooled before being submitted for judging.
- In the event of a tie in points, the exhibitor with the most first placings in that division will be awarded the first prize.
- **Ex Office will be open Mon-Fri 9-4 the week following the Exhibition for prize pick up. Any prizes not picked up by Aug 23rd will be considered donations to Annapolis Valley Exhibition.**

COOKING EXHIBITS SHOWN ON A SPLIT-SHOW BASIS AS FOLLOWS: FOODS TO BE IN BETWEEN 10AM AND NOON SUNDAY, AUGUST 11TH

Closed judging of these exhibits - Sunday afternoon

- Yeast Breads, Rolls, Sourdough and Quick Breads- 49A sections 1-16
- Jellies, Jams & Pickles- 49A sections 57-81
- Flax Flour Baking- 49A sections 41-43
- Gluten Free Baking- 49A sections 44-46
- Bernardin Class- 42C sections 1-4
- Junior Division - 42B, sections 4-7

FOODS TO BE IN BETWEEN 10AM AND NOON WEDNESDAY, AUGUST 14TH

Closed judging of these exhibits - Wednesday afternoon

- Cakes - 49A sections 17-25
- Pastry - 49A sections 26-30
- Cookies & Squares - 49A sections 31-40
- Junior Division - 42B, sections 1-3
- Keto Baking- 49A sections 47-49
- Vegan Baking – 49A sections 50-52
- Special Dessert Classes - 49A sections 53-56

COOKING – 49A

YEAST BREADS, ROLLS & SOURDOUGH

- | | 1st \$6.00 | 2nd \$4.00 | 3rd \$3.00 |
|---------------------------------------|------------|------------|---|
| 1. White Bread, 1 single loaf | | | 5. Plain White Rolls, pan or individual |
| 2. Brown Bread, 1 single loaf | | | 6. Milk Rolls, clover leaf |
| 3. Whole Wheat Bread, 1 single loaf | | | 7. Multi Grain Bread, 1 single loaf |
| 4. Raisin or Plum Loaf, 1 single loaf | | | 8. Specialty Bread, made with yeast |
| | | | 9. Sourdough, 1 single round loaf |

QUICK BREADS

- | | 1st \$6.00 | 2nd \$4.00 | 3rd \$3.00 |
|--|------------|------------|-----------------------------------|
| 10. Zucchini bread, small or ½ large loaf | | | 13. Any fruit or vegetable muffin |
| 11. NEW! Banana bread, small or ½ large loaf | | | 14. Bran muffins |
| 12. Any other quick bread, small or ½ large loaf | | | 15. Tea biscuits |
| | | | 16. Cinnamon rolls, not yeasted. |

CAKES

- | | 1st \$6.00 | 2nd \$4.00 | 3rd \$3.00 |
|---|------------|------------|---|
| All cakes (except sections 24 and 25): 1/4 cake, include corner, not iced | | | |
| 17. Plain Pound Cake | | | 23. Carrot Cake |
| 18. Plain Sponge Cake | | | 24. Decorated celebration cake, any flavour, any occasion. Judged on appearance only. |
| 19. Plain Butter Cake | | | 25. Decorated cupcakes. Any flavour. Judged on appearance only. |
| 20. Chocolate Cake | | | |
| 21. Any Cake with NS Fruit | | | |
| 22. Plain Gingerbread | | | |

PASTRY

- | | 1st \$6.00 | 2nd \$4.00 | 3rd \$3.00 |
|--|------------|------------|--|
| All pies to be 6", 8" or 9" | | | |
| Only one slice of pie will be used for display. The remaining pie can be picked up by the exhibitor in the Exhibition Office by 4:30pm Wednesday, unless other arrangements have been made with the committee. | | | |
| 26. Pumpkin, squash or sweet potato pie | | | 28. Any other single crust pie with meringue |
| 27. Any other single crust pie | | | 29. Any double crusted fruit pie |
| | | | 30. Egg or butter tarts |

COOKIES & SQUARES

- | | 1st \$6.00 | 2nd \$4.00 | 3rd \$3.00 |
|----------------------------|------------|------------|--|
| 31. Chocolate Chip Cookies | | | 36. Decorated cut-out cookies. Any flavour, any occasion. Judged on appearance only. |
| 32. Peanut Butter Cookies | | | 37. Date Squares |
| 33. Oatmeal Cookies | | | 38. Granola Bar/Square |
| 34. Any other drop cookies | | | 39. NEW! Brownies |
| 35. Ginger Snaps | | | 40. Squares, any other type |

FLAX FLOUR BAKING

- | | | | | |
|-------------------|------------|------------------------|------------|-----------------------|
| | 1st \$8.00 | 2nd \$6.00 | 3rd \$4.00 | |
| 41. Bread & Rolls | | 42. Biscuits & Muffins | | 43. Cookies & Squares |

GLUTEN FREE

- | | | | | |
|-------------------|----------------------------------|------------------------|------------|-----------------------|
| | 1st \$8.00 | 2nd \$6.00 | 3rd \$4.00 | |
| | Recipe must accompany each entry | | | |
| 44. Bread & Rolls | | 45. Biscuits & Muffins | | 46. Cookies & Squares |

KETO BAKING

- | | | | | |
|-------------------|----------------------------------|------------------------|------------|-----------------------|
| | 1st \$8.00 | 2nd \$6.00 | 3rd \$4.00 | |
| | Recipe must accompany each entry | | | |
| 47. Bread & Rolls | | 48. Biscuits & Muffins | | 49. Cookies & Squares |

VEGAN BAKING

- | | | | | |
|-------------------|----------------------------------|------------------------|------------|-----------------------|
| | 1st \$8.00 | 2nd \$6.00 | 3rd \$4.00 | |
| | Recipe must accompany each entry | | | |
| 50. Bread & Rolls | | 51. Biscuits & Muffins | | 52. Cookies & Squares |

SPECIAL DESSERTS

Only one slice of pie will be used for display. Remaining dessert to be picked up by 4:30pm in the Ex office.

- | | | | |
|--|---------------|------------|------------|
| | 1st - \$20.00 | | |
| 53. Apple Pie -two crusted 6", 8" or 9" | | | |
| | 1st \$12.00 | 2nd \$8.00 | |
| 54. Nova Scotia Fruit Dessert - judged on amount of NS produce and nutritional value, any NS fruit combination, include recipe | | | |
| | 1st \$12.00 | 2nd \$8.00 | |
| 55. Apple or Pear Dessert - include recipe | | | |
| | 1st \$6.00 | 2nd \$4.00 | 3rd \$3.00 |
| 56. Cocoa Family Favorites - Squares, cookies, bars, etc., 3, made with any type of cocoa. | | | |

JELLIES & JAMS

1st \$5.00 2nd \$4.00 3rd \$3.00

Jars should be 125ml and sealed properly. Please use separate bottles if entering more than one section.

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|---------------------------------------|--------------------|---|
| 57. Blackberry Jelly | 63. Blackberry Jam | 70. Raspberry Jam |
| 58. Crab Apple Jelly | 64. Cherry Jam | 71. Jam, creative flavour combination (ex, Strawberry-rhubarb, blueberry-peach, apple-rosemary, etc.) |
| 59. Raspberry Jelly | 65. Plum Jam | |
| 60. Specialty Jelly, Mint, Herb, Etc. | 66. Strawberry Jam | |
| 61. Strawberry Jelly | 67. Marmalade | |
| 62. Currant Jelly, red or black | 68. Blueberry Jam | |
| | 69. Peach Jam | |

PICKLES

1st \$5.00 2nd \$4.00 3rd \$3.00

Please use pint glass jars

- | | | |
|----------------------------|--------------------------------|----------------------|
| 72. Pickled Beets | 76. Any Fruit Pickle or Relish | 80. Zucchini Pickles |
| 73. Dill Pickles | 77. Cucumber Relish | 81. Salsa |
| 74. Dill Beans | 78. Mustard Pickles | |
| 75. Bread & Butter Pickles | 79. Crock Pickles, uncooked | |

JUNIOR COOKING – Class 49B

Juniors 16 years and under – Must state age on entry form.

1st \$6.00 2nd \$4.00 3rd \$3.00

- | | |
|--|---|
| 1. Tea biscuits | 6. Plain White Cake, not iced, include corner (1/4) |
| 2. Brownies | 7. Fudge, attractively displayed, 3 pieces |
| 3. Fruit muffin, any type | |
| 4. Drop cookies (chocolate chip, fruit, etc.) | |
| 5. Decorated cookies, any kind (gingerbread men, etc.) | |

BERNARDIN HOME CANNING CLASS – 49C

Websites for recipes: www.bernardin.ca www.criscoCanada.com

1st \$20.00 Certificate & rosette prize ribbon

1. Bernardin Jam/Jelly. Jam or jelly using Bernardin pectin, judged on appearance, texture & taste.
2. Bernardin Gift Pack. Judged on creativity, quality of home canned product, value and presentation.

\$30 Certificate & rosette ribbon

3. Bernardin "Best in Show 2024". No separate entry required. Entry must use Bernardin jar and SNAP lid. Winner selected from above Bernardin entries.

\$50.00 & \$50.00 Certificate & Trophy

4. Bernardin "Best in Show Overall 2024."

COOKING SPECIAL PRIZES

R.G Graves Groceries	Bridgetown	\$25.00 Certificate	most points in Pastry
Red Onion Market	Annapolis Royal	\$ 25.00 Certificate	most points in Quick Breads
R.G Graves Groceries	Bridgetown	\$ 25.00 Certificate	most points in Jr Cooking
Red Onion Market	Annapolis Royal	\$ 25.00 Certificate	most points in Yeast Breads
Valley Flaxflour Ltd	Middleton	Gift Basket	most points Flax Flour
Red Onion Market	Annapolis Royal	\$ 25.00 Certificate	most points in Vegan Baking

COOKING SPONSORS

Valley Flax flour	R.G. Graves Groceries Ltd	Red Onion Market
Middleton Funeral Home	Bernardin	Ron Martin’s Plumbing & Heating